

ATHLETIC

TUESDAY, MARCH 16, 2010 – DAY 3

The following boys were selected to be our Joes in the Pros VS Joes competition this year.

DJ D. - Darius A. - Justin L. - Sam K. - Julian B.

The competition will take place Monday April 26th until Friday April 30th.

The Pros will be announced after spring break.

All Joes must see Ms. Einarson Woods Tuesday (TODAY) at the beginning of lunch for an important 15 minute meeting.

THE JV BOYS BASKETBALL TEAM - . Come cheer on the team at 8pm, Tuesday at Sisler.

DO YOU LIKE TO PLAY HOCKEY? Are you in grade 9 or 10? If you are interested in playing in the annual rookie tournament please attend a brief meeting in room 2C2 at 12:10 on Tuesday, March 16. Please see information posters posted around the school for more details.

HANDBALL:

Any students interested in playing on the school Team Handball team please see Ms. Einarson Woods in the gym.

DRAGON BOATS:

Any students interested in being on the school Dragon Boat team please see Ms. Einarson Woods in the gym.

Race day is May 30th.

Teams consist of 24 students. There must be 8 female paddlers in the boat.

There are only 4 practices so the time commitment usually isn't an issue.

It's a lot of fun so get involved and have a laugh!!

BADMINTON:

Tuesday March 16 singles home games starting at 4:00pm

Wednesday March 17 practice 3:30-5:30pm

Thursday March 18 doubles games away at Fort Richmond Collegiate 4pm.

Monday March 22nd practice 3:30-5:30pm

Tuesday March 23rd singles away games at Shaftesbury 4pm

Wednesday March 24th practice 3:30-5:30pm

ANYONE INTERESTED IN PLAYING FIELD LACROSSE this year can now sign-up outside of Mrs. Johnsrud's room, 2D1. No experience necessary, just come out and help the team defend the league championship that was won last year.

INTRAMURAL DODGEBALL:

Playoffs start this Wednesday with Team Sweet playing against Team David. Thursday it's the 9'rs versus The Rangers.

The winner of both these games will play on Monday the 22nd for the championship title. All games will start at 12:30pm and be a best of 5 series or until time runs out.

INTRAMURAL FLOOR HOCKEY begins immediately after spring break. Sign up your team in the gym if you would like to participate.... all grades welcome. The Teacher Dream Team is the reigning champs!!! We are confident that we will retain the title!! If you're up to the challenge then get your team signed up ASAP!

RUGBY

Outdoor practices begin on Wednesday at 4 pm. Meet by the bleachers. Let Mr. Harland or Mr. Feasby (in Guidance) know if you want to be involved but can't attend.